



In some people, marijuana use can make anxiety harder to manage.



“Life is already stressful,  
I don’t need to make it worse.”



**We** got this

What teens know about marijuana

Find resources and get help: [www.WeGotThisCA.org](http://www.WeGotThisCA.org)



Funding from the California State Department of Public Health.  
Source: NIDA. 2019, December 24. Cannabis (Marijuana) DrugFacts.