



FRIDAY NIGHT LIVE MENTORING

Friday Night Live Mentoring (FNL M) provides opportunities for young people to be in ongoing, mutually beneficial, caring relationships, which strengthen a young person's resiliency to the challenges they face in life.

WHAT IS FNL MENTORING?

FNL M pairs high school and middle school youth together for a year-long peer-to-peer partnership that works to develop leadership and engagement of both the mentor and protégé.

HOW FNL M WORKS

- Matches high school mentors with middle school protégés
- Uses a recruitment, application, screening, & training process for mentors
- Includes mutually beneficial, structured, weekly mentoring sessions
- Provides rigorous evaluation, documenting participant development
- Provides lessons on the prevention of drug, alcohol, and tobacco use and peer pressure

FNL M BENEFITS FOR YOUTH

- Provides leadership opportunities
- Provides academic support
- Increases civic engagement
- Increases healthy behaviors
- Supports social emotional learning
- Increases self-esteem
- Eases transition from middle school to high school
- Expands involvement in positive extracurricular activities



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